



Barbara Hastings-Asatourian

Professional speaker on matters of
public health and social awareness

**Expert speaker
in the following
disciplines ;**

- Public Health
- Pre/Post Natal Health
- Exercise
- Diet & Nutrition
- Women's Health & Well Being
- Menopause
- Prevention of Osteoporosis
- Sexual Health & Contraception
- Women's Enterprise

A bit about Barbara...

Barbara Hastings-Asatourian has considerable experience in the field of sex and relationships education, having worked as a nurse, midwife, health visitor and teacher/lecturer.

Barbara is an enthusiastic and tenacious Social Entrepreneur who has used her experience and business skills to innovate in sex education. Setting up Contraception Education Ltd in 2001 the company is now a leading social enterprise developing and producing sex education materials and resources for teachers to use with young people.

Barbara is a Senior Lecturer in the School of Nursing at the University of Salford and a published author, having written several articles about fitness and exercise in pregnancy, the menopause and coronary heart disease prevention. Barbara is also an Ambassador for Women's Enterprise and a Prince's Trust Business Mentor.

Barbara shares this extensive knowledge and experience at talks and professional engagements around the world.

Contact Barbara for costs and availability on...

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